# SAFETY EMPOWERMENT CHANGE







UNDERGROUND RAILROAD, INC.



# Our <u>Services</u>

Our services are voluntary, free and confidential to survivors of abuse in Saginaw County.



Crisis Helpline: Support is available 24 hours a day, 7 days a week
 Emergency Shelter: Our 19-room, 46-bed shelter provides safety and comfort
 Emergency On-Call Response: Advocates provide 24 hour coverage to meet with victims of abuse
 Advocacy/ Therapy / Support Groups: Individual and group counseling provides skills & empowerment
 Court Support: We provide help with personal protection orders, court appearances, and legal options
 Housing Support: Programs are adapted to the needs of the survivor as they move into a new home
 Individualized Assistance: Includes 911 phones, household items, supportive services & more
 Youth Services: Children's services include youth advocacy , therapy, and free, licensed day care
 SafePlace Program: Provides supervised visitation & safe child exchange for families in the region
 Community Outreach: Prevention education in schools and community awareness presentations
 Volunteer Opportunities: Opportunities to volunteer are available through various programs
 Girls in the Run Program: Inspires girls to become joyful, healthy and confident
 Underground Railroad Resale: Donations provide survivors with necessities. and help fund URR



# Our Mission

Our mission is to empower survivors and create a culture of safety and respect in the community.



## Empowerment Philosophy

Underground Railroad, Inc. recognizes that abuse is damaging to individuals and to society as a whole. The philosophy of the corporation is that abuse is rooted in a social structure that produces significant inequities in roles, relationships, resources, and power between women, men, and children. Abuse is criminal conduct, which cannot be tolerated. Prevention through education, advocacy and appropriate intervention is the ultimate goal. All victims should be provided safety and must be treated with dignity and respect.

Interventions that blame the victim and do not hold the abuser accountable for the violence are ineffective and inappropriate. The Underground Railroad shall encourage and advance the empowerment of victims and seek social change, which addresses the existing imbalance of power within violent relationships.

We believe that to make informed choices for themselves and their children, victims should have access to safety, information about domestic violence, sexual assault, stalking, and human trafficking, available options, and community resources. To carry out their decisions, victims of domestic violence, sexual assault, stalking, and human trafficking may require support and advocacy that respects their right to self-determination.

To this end the Underground Railroad will provide leadership in our community on issues affecting survivors and be accountable to survivors.



### Letter from the President and CEO

### Dear Friends,

Thank you for making 2016 another incredible year for Underground Railroad! This year we celebrated 39 years of service, incredible growth as an organization, and a brand new mission statement to empower survivors and create a culture of safety and respect in the community. Here are a few other things you helped us accomplish in 2016:

- You reinstated our Civil Legal Assistance program, offering free and critical legal support to survivors
- You launched our Men's Campaign initiative which engages men in our community as allies to prevent abuse
- You educated over 6,000 middle and high school students about respect in relationships
- You kept over 700 women, children, and men safe and comfortable in emergency shelter

Seeing a survivor receive the services she needs to become independent and empowered is part of the reason we stay motivated to do this important work. We consider ourselves blessed to be supported by such an incredible base of volunteers and donors who share our passion for making a difference. You made a difference in 2016, and we look forward to the growing impact you will have in the years to come!

Value Hoffman, Executive Director



## Grant Funding

City of Saginaw (CDBG)

Department of Housing & Urban Development

Department of Justice, Office of Violence Against Women

F.E.M.A.

Michigan Department of Community Health (VOCA & RPE)

Michigan Domestic & Sexual Violence Prevention & Treatment Board

United Way of Saginaw County

# Board of Directors

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2,197 individual and 198 group hours of of counseling services

# 1398 volunteers donated over 17,825 hours of service to URR





415 girls completed the Girls on the Run program, and end-of-year 5K run



More than **1,940** adults received individualized assistance

Over 6,563 youth attended 308 prevention education sessions



94 public awareness events were attended



families spent quality time together in SafePlace

Our resale store provided **\$16,723** of merchandise using our voucher system. Over **\$50,000** was contributed to operating funds.





## FINANCIAL HIGHLIGHTS

### 2015/2016 Expenses

| Expenses:                 |              |       |
|---------------------------|--------------|-------|
| Personnel                 | 1,620,633.00 | 61.1% |
| Occupancy                 | 260,604.00   | 9.8%  |
| Office Expenses           | 221,347.00   | 8.3%  |
| Specific Assistance       | 283,877.00   | 10.7% |
| Miscellaneous             | 49,428.00    | 1.9%  |
| Interest                  | 36,526.00    | 1.4%  |
| Travel & Conferences      | 39,835.00    | 1.5%  |
| Advertising & Recruitment | 7,840.00     | 0.3%  |
| Depreciation              | 124,644.00   | 4.7%  |
| Membership Dues           | 9,478.00     | 0.4%  |
| Total                     | 2,654,212.00 | 100%  |





### Program/Services Expenses:

| Shelter /      |              |        |
|----------------|--------------|--------|
| Services       | 627,777.00   | 23.7%  |
| Court Support  |              |        |
| Programs       | 222,154.00   | 8.4%   |
| Transitional   |              |        |
| Housing        | 853,804.00   | 32.2%  |
| Sexual Assault | 132,440.00   | 5.0%   |
| Resale Shop    | 174,041.00   | 6.6%   |
| Fundraising    | 118,203.00   | 4.5%   |
| Education/     |              |        |
| Outreach       | 194,356.00   | 7.3%   |
| Management/    |              |        |
| General        | 331,437.00   | 12.5%  |
| Total          | 2,654,212.00 | 100.0% |
|                |              |        |



## 2015/2016 **Income**

### Income:

| Contributions  | 438,900.00   | 16.6% |
|----------------|--------------|-------|
| Rent           | 40,655.00    | 1.5%  |
| Grants & Fees  | 1,912,316.00 | 72.5% |
| Interest       | 8,190.00     | 0.3%  |
| Special Events | 53,215.00    | 2.0%  |
| Store Sales    | 176,888.00   | 6.7%  |
| Miscellaneous  | 8,595.00     | 0.3%  |
| Total          | 2,638,759.00 | 100%  |
|                |              |       |



### **Community Contributions:**

| Businesses   | 28,208.00  | 6.4%  |
|--------------|------------|-------|
| Churches     | 15,676.00  | 3.6%  |
| Clubs/Groups | 19,446.00  | 4.4%  |
| Foundations  | 185,850.00 | 42.3% |
| Individuals  | 42,646.00  | 9.7%  |
| In Kind      | 79,380.00  | 18.1% |
| United Way   | 67,694.00  | 15.4% |
| Total        | 438,900.00 | 100%  |
|              |            |       |

When I retired I wanted to give back in remembrance of a couple close friends that were personally helped by the URR. I have continued to volunteer for about 7 years as I enjoy meeting with the staff and the women who come for services.

- Mary Bain , Volunteer

I donate to URR because the community derives a great deal of benefit from the work that it performs. Hearing stories from survivors of abuse created a special place in my heart for URR. It provides a lifeline to so many in the community. The work is vital, and staff at URR does it with skill and integrity.

- Dave Nall, Donor

Some things I/ learned from Girls on the Run are to be confident and brave. And also how important it is to be yourself and love yourself!

- Emma, Girls on the Run Participant

Twenty-three years ago, I was taken to emergency shelter with a newborn who was only a few days old. I had been beaten, and strayed away from my family in California. Underground Railroad's immediate assistance, in the middle of the night 23 years ago, gave me the opportunity to obtain my graduate degree. And now my son is in his final semester at California State University, Long Beach. I have never forgotten that because of you, my son and I have not just any life, but a successful one!



- Anonymous Survivor







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www.undergroundrailroadinc.org