

- While our mission focuses on survivors of sexual and domestic violence, our homicide support services are available to ANYONE struggling with loss due to homicide, regardless of whether that homicide is domestic violence related.

Our Mission:

To provide safety and resources that empower victims of domestic violence, stalking, sexual assault and human slavery.

To provide leadership and education to end violence against women in our community.



Our Philosophy:

Underground Railroad encourages the empowerment of victims and seeks social change which addresses the existing imbalance of power within violent relationships.

Victims have access to safety, information, available options and community resources, empowering them to make informed choices for themselves and their children.

Underground Railroad provides support and advocacy, allowing victims to carry out their decisions with respect to their rights and self-determination.



UNDERGROUND RAILROAD, INC.



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www.undergroundrailroadinc.org

Coping With Homicide Loss



UNDERGROUND RAILROAD, INC.

HOPE ♥ GRIEF ♥ SUPPORT

Underground Railroad, Inc.
Safety & Resource Center
P.O. Box 2451
Saginaw, MI 48605

Business Line: 989-755-0413
24/7 Crisis Line: 989-755-0411
Toll Free: 888-399-8385

Homicide is willfully and deliberately caused by the actions of another human being, and results in the unnatural death of a loved one. The uniqueness of this type of death can bring overwhelming feelings of:

- Depression
- Hopelessness
- Anxiety
- Fear
- Isolation
- Helplessness
- Confusion
- Numbness
- Guilt

When someone close is killed you may feel as if you are a victim yourself. For every victim of homicide, on average 3 secondary victims or co-victims are left behind. Co-victims may be:

- Parents
- Siblings
- Spouses / Partners
- Children
- Extended Family Members
- Grandparents
- Friends

Loved ones coping with loss may experience:

- Inability to sleep or concentrate
- Loss of appetite
- Forgetfulness
- Flashbacks
- Lack of desire to participate in normal activities



supportive counseling

Underground Railroad Inc. offers supportive counseling services surrounding a homicide event. Counseling services focus around creating an understanding of personal feelings, as well as understanding the grief and loss process. Grieving is a process, and each individual responds differently. It may become especially difficult to cope when the death is the result of homicide. Through counseling you may seek to manage grief in a healthy way.

What is Supportive Counseling?

For ANY co-victim of homicide
Community resources and referrals

Individual

Family

Confidential

Voluntary

Creating a safe place to express loss for those who need support or assistance

For more information or to schedule an appointment call: 1-989-755-0413

Other Resources for Support:

National Organization for Victim Assistance

1-800-879-6682
www.novabucks.org

The National Center for Victims of Crime

1-855-484-2846
chat.victimconnect.org (online chat service)
www.victimsofcrime.org

Parents of Murdered Children and Other Loved Ones (POMC)

1-888-818-7662
www.pomc.com

Crime Victim Compensation

Additional, financial assistance may be available through the Michigan Crime Victim Services Commission (CVSC). This assistance is available to innocent crime victims suffering as a result of an injury, as well as surviving family members of homicide victims. Things such as hospital bills, medical expenses and funeral and burial expenses may qualify for support.

For more information visit:
www.michigan.gov/crimevictims
or call: 1-877-251-7373



Michigan Department
of Community Health

